

My Personal Spending List

- 1. List EVERYTHING on which you spend money consistent monthly bills, flexible bills, things you spend with your "cash" and wants
- 2. Categorize your spending using these topic options: B= Fixed Bills, FB = Flexible Bills, and S = Personal Spending/Wants.
- 3. Note the due dates.
- 4. List the monthly amount. For those flexible expenses, think about the average you spend each week and multiply by four.
- 5. Assign each expense to an account type. For example Bills, Savings/Reserves, Spending, Grocery, Etc.
- 6. Evaluate each expense and determine any amount you want to reduce for the month. Note adjusted amounts

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Name of Expense	Category = B, FB, S	Due Date	Monthly Amount	Adjusted Monthly Amount	Expense Type
Total					Financial Flexibility & Freedom